

Did You Know? *NAIA: The hidden gem of collegiate sports(cont...)*

NA A teams compete in different conferences and a National Championship in all sports. Swimming is taken very seriously, and offers a wonderful segway into the world of being a student athlete. Here are almost swimming schools offered, and it could be said they are on par with d schools

ust because a school might be smaller, that does not mean they compromise on education, coaches or facilities. Their goal is to give the athlete a wide variety of experiences, and still be able to swim

Before you say yes, to ust anyone, look at the NA A teams and see how you can help each other

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Academia *Test-optional is still a thing (cont...)*

Colleges want to know who you are outside of a GPA and test score. Serving with the student government will show your leadership skills, swimming throughout high school will show you can make a long term commitment, working a part-time job shows you're able to manage your time while keeping your grades up, volunteering helps show you are dedicated to helping others. Extracurricular activities include school, community, work, and volunteer opportunities

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NCAANews *Official Visit Tips: During your visit (cont...)*

It is fine for your parents to go with you on the trip. A lot of coaches will judge you on how you treat your parents.

If you get a chance to watch a practice, actually watch it and stay off your cell phone. This should be a very important part of the trip, but a lot of recruits use the time in the bleachers to catch up on their social media accounts and text messages. Now is NOT the time to check your phone.

Ask intelligent questions of the coaches and please don't ask "how much yardage you do in practice." A good question is to ask who would be your primary coach and in what events they see you helping out the team.

By Rick Paine,

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